

BOARD OF CONTROL
* 11 SEP 1947 *
RECEIVED

CARLTON HAYES HOSPITAL
NARBOROUGH, Near LEICESTER

THE
NINETY - EIGHTH
ANNUAL
REPORT

OF THE UNITED
COMMITTEE OF
VISITORS FOR
LEICESTERSHIRE
AND RUTLAND

BEING THE REPORT
FOR THE YEAR 1946
WITH FINANCIAL
STATEMENT FROM
1ST APRIL 1946 TO
31ST MARCH 1947
(SUBJECT TO AUDIT)

LEICESTER
ADAMS BROS. & SHARDLOW, LTD., PRINTERS, NEWARKE STREET

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COMMITTEE OF VISITORS

ALSO THE HOUSE, FARM, GENERAL PURPOSES AND
FINANCE SUB-COMMITTEES
ETC.

Appointed by the Leicestershire County Council (17)

Rt. Hon. Lord Hazlerigg

Lord Lieutenant of the County of Leicester
(*Chairman of Committee*)

P. F. Astill, J.P., C.B.E.	E. H. Illson.
D. Astley, J.P.	Mrs. A. G. Marsh.
R. Blower, J.P.	Mrs. I. B. B. Noel.
Mrs. C. E. Dalley, J.P.	S. H. Marshall.
Capt. E. R. B. Drummond, J.P.	H. Pipe, J.P.
H. C. H. Heycock, J.P.	J. Pratt.
J. H. Holmes, J.P.	R. Timms, J.P.
Mrs. E. M. Warner, J.P.	

Sir R. E. Martin, C.M.G., J.P., D.L.
(*Chairman of the Council*), *ex-officio*

Appointed by the Rutland County Council (6)

The Rt. Hon. The Earl of Ancaster, G.C.V.O., J.P.
Lord Lieutenant of the County of Rutland

Lt.-Col. A. S. Casey.	C. Matkin, B.E.M.
J. J. Healey.	Lt.-Col. G. K. F. Ruddell, T.D.
W. W. Williamson, M.B.E.	

*Appointed by the Subscribers to the Charity who are also the
Committee of Management of The Charity (5)*

J. W. Black, J.P.	Mrs. C. E. Dalley, J.P.
C. Z. M. Booth.	G. E. Ellis, J.P.
Major H. H. Robertson-Aikman, J.P., D.L.	

Annual Subscribers to The Charity

J. W. Black, J.P.	Mrs. C. E. Dalley, J.P.
C. Z. M. Booth	G. E. Ellis, J.P.
Major H. H. Robertson-Aikman, J.P., D.L.	

OFFICERS.

(1947)

Medical Superintendent : *Deputy Medical Superintendent :*
 DR. K. K. DRURY, M.C. DR. F. J. NAPIER

Assistant Medical Officers :
 DR. J. R. MATHERS DR. A. H. WILLIAMS
 DR. H. CONITZER (*Temporary*)

Church of England Chaplain : *Assist. Church of England Chaplain:*
 REV. J. A. SIME, M.B.E. REV. A. C. TATE

Free Church Chaplain : *Roman Catholic Priest :*
 REV. A. TURNER REV. FR. J. BEURSKENS

Clerk to the Visiting Committee and the Charity :
 C. E. J. FREER, J.P., D.L.

Clerk and Steward : H. E. INGRAM

Deputy Clerk and Steward :
 K. C. WHITE

Matron : *Chief Male Nurse :*
 MISS E. A. JONES F. G. HARDY

Engineer : J. A. DEACON

Visiting Dental Surgeon :
 P. A. SLOANE, L.D.S., R.C.S.

Honorary Consulting Surgeon :
 G. C. SAWYER, M.S., F.R.C.S.
 Honorary Surgeon, Leicester Royal Infirmary

Honorary Consulting Physician :
 R. McD. CAIRNS, M.D.
 Honorary Physician, Leicester Royal Infirmary

Honorary Consulting Radiologist :
 D. FORBES LAWSON, M.B., CH.B., D.M.R.E.
 Honorary Radiologist, Leicester Royal Infirmary

Honorary Consulting Pathologist :
 E. M. WARD, M.D.
 Honorary Pathologist, Leicester Royal Infirmary

Treasurers :
 THE WESTMINSTER BANK LTD., Leicester

THE CHARITY OF THE CARLTON HAYES HOSPITAL

THE SEVENTY-FIFTH ANNUAL REPORT OF THE COMMITTEE OF MANAGEMENT

FOR THE YEAR ENDED 31ST DECEMBER, 1946

Your Committee presents its Annual Report for the year 1946.

The following table shows the changes in the private patients during the year ended 31st December, 1946 :—

	M.	F.	T.
In the Hospital, 1st January, 1946 ...	22	61	83
Admitted during the year ...	5	6	11
Discharged "recovered" ...	2	6	8
Discharged "relieved" or "not improved" ...	2	2	4
Transferred to Rate-aided Class ...	—	—	—
Died ...	3	3	6
Remaining on 31st December, 1946 ...	20	56	76

Two cases were admitted on a Voluntary basis.

There was little variation in the male numbers but the admissions and deaths of the female patients showed a decrease on last year.

The rates of maintenance on 31st March, 1947, were as follows :—

£ s. d.	£ s. d.
1 at 3 3 0 per week	1 at 16 0 per week
37 „ 2 12 6 „ „	3 „ 15 0 „ „
1 „ 2 7 0 „ „	1 „ 10 6 „ „
4 „ 2 2 0 „ „	5 „ 10 0 „ „
1 „ 2 0 0 „ „	1 „ 6 6 „ „
2 „ 1 10 0 „ „	1 „ 6 3 „ „
1 „ 1 5 0 „ „	1 „ 3 6 „ „
5 „ 1 1 0 „ „	1 „ 54 16 4 „ annum
3 „ 1 0 0 „ „	1 „ 40 0 0 „ „

4 No charge.

The Woodlands continues to function satisfactorily and is much appreciated by patients and their relatives.

A legacy of £100 left by a grateful husband on his death has been used partially so far to buy eiderdowns for the private patients. The remainder will be used as opportunity occurs to purchase something not usually supplied.

The dietary remains good and as varied as circumstances allow.

In the main Hospital the Male Private Ward has now been completely redecorated, the electricians having finished the rewiring. The Female Ward has not yet been rewired.

HAZLERIGG,

Dated this 21st day of May, 1947.

Chairman.

THE CHARITY OF THE CARLTON HAYES HOSPITAL, NARBOROUGH, NEAR LEICESTER

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31st MARCH, 1947

EXPENDITURE				INCOME			
Year ended 31st March, 1946.	£	s.	d.	Year ended 31st March, 1946.	£	s.	d.
To CARLTON HAYES HOSPITAL:				By Contributions in respect of Maintenance of Patients			
8,765 Maintenance of Patients and Extras	8,733	0	6	8,435			7,896 11 0
782 Proportion of Ordinary Repairs and Renewals	1,231	19	6				
— Rewiring, Electrical Installation	460	3	5	INCOME FROM INVESTMENTS (Gross):			
			10,425 3 5	Leicestershire County Council Interest	321	2	9
39 To Repairs "The Woodlands"			—	3% Defence Bonds Interest	12	0	0
— "Redemption of Land Tax "The Woodlands"			56 5 0	3½% Conversion Stock Interest	179	5	8
— "Extra Furnishings "The Woodlands"			43 5 2	3% Savings Bonds Interest	48	0	0
33 "Stationery, Printing, Postage and Sundries			27 2 7	London Passenger Transport Board "B" Stock Interest	190	3	0
17 "Motor Transport for Patients' Outings			90 10 0	3% Redemption Stock Interest	182	9	8
16 "Professional Charges			15 15 0	24 By Rent—"The Woodlands"			933 1 1
50 "Salary of Clerk			50 0 0	14 "Bank Interest			23 10 0
100 "Salary of Clerk—Additional			100 0 0	— "Legacy			100 0 0
5 "Bank Commission			3 10 6	8 "Subscriptions			12 12 0
				9,435			8,965 14 1
				372 "Excess of Expenditure over Income			1,845 17 7
£9,807			£10,811 11 8	£9,807			£10,811 11 8

BALANCE SHEET 31st MARCH, 1947

Year ended 31st March, 1946.		£	s.	d.	£	s.	d.
Year ended 31st March, 1946.	CARLTON HAYES HOSPITAL:						
£	Balance of Maintenance of Patients and Repairs and Renewals ..	5,143	2	4	4,924		
5,528	Sundry Creditors ..	76	7	7	1,866		
16	Deposits in respect of Patients' Main- tenance	851	19	10			
927		<u>6,071</u>	9	9			
	Westminster Bank Limited—Income Account				2,876	1	6
	Sundry Debtors including Contributions for Maintenance of Patients				1,669	4	3
	INVESTMENTS—INCOME ACCOUNT:						
	3% Defence Bonds at cost				400	0	0
	Redemption Stock £2,969 11s. 9d. 3% Stock 1986/96 at cost				3,000	0	0

THE NINETY-EIGHTH ANNUAL REPORT PRESENTED AT A
MEETING HELD AT THE HOSPITAL ON THE 21ST DAY OF
MAY, 1947

The Visiting Committee in presenting their Annual Report to this General Meeting of Visitors for the hundred and tenth year of the Hospital, together with the Statement of Accounts for the year ended 31st March, 1947, have to report as follows :—

Your Committee are satisfied that the quantities given in the dietary are still sufficient, but they are disturbed over the difficulties there are in obtaining suitable supplies.

In company with all Mental Hospital Visiting Committees, your Committee are still much concerned over the shortage of female staff. A certain number of part-time workers are now being employed, which has relieved conditions considerably but, even with these extra Nurses, the strength is still under 50 per cent. of what it should be. The return of men from the Forces has been followed by an increase in the male staff, which is, nevertheless, still considerably under strength.

Dr. J. R. Mathers has been appointed Assistant Medical Officer to fill the place of Dr. J. P. McGuinness mentioned in the last Report as having left. Dr. Mathers has had considerable experience and served in the R.A.M.C. as a Specialist.

Dr. A. H. Williams has been appointed Assistant Medical Officer to fill the place of Dr. G. A. van Someren, who left to take up duty at Runwell Mental Hospital, Essex. Dr. Williams has also had considerable experience as a Specialist in the Army.

Dr. H. Conitzer has filled the position of *locum tenens* Medical Officer during the illness of Dr. Napier, the Deputy Medical Superintendent, and also during the intervals between the appointments of Assistant Medical Officers and for holiday duty.

Increased wages, amounting to over £750, has caused a decrease in the surplus shown in the Farm and Garden Account amounting to £560 19s. 11d.

The severe Winter and early Spring caused considerable upset and at one period it took four days to get through the snow drifts to reach the Farm; the milk churns were man-handled over fences and brought across fields to the main road by the tractor.

A considerable amount of maintenance has been done on the fabric of the Hospital and redecoration is proceeding following the upset caused by the electrical installation.

The electrical installation is proceeding favourably and nearly half the Hospital is now finished. There are, however, shortages of certain materials.

The Hospital stocks are still lower than normal but supplies have been coming through at a slightly better rate, though at increased cost. There is still great difficulty in obtaining certain materials, crockery being one of these.

The roads and paths around the Hospital having got in a bad condition, your Committee purchased a second-hand motor roller to enable the work of repairing these roads to be done by their own staff—a large saving on a direct contract.

The aggregate expenditure on Maintenance Account for the year has been £100,402 2s. 0d., as against £90,127 19s. 5d. last year. Of this sum, The Charity will be called upon to contribute £8,357 13s. 11d. for the maintenance of patients, £357 9s. 1d. for clothing and extras supplied—making a total of £8,715 3s. 0d. Deducting these sums and other credits (Sales, Subsidy, etc.) amounting to £7,920 18s. 10d., the net expenditure on Maintenance Account for Rate-aided patients has been £84,123 19s. 9d., as against £80,363 3s. 11d. for the previous year.

The average weekly number of patients resident during the year was $1,032\frac{30}{52}$, as against $1,041\frac{38}{52}$ last year, chargeable as follows :—

Leicestershire County	731 $\frac{39}{52}$
Rutland County	40 $\frac{34}{52}$
Out-County Authorities	16 $\frac{13}{52}$
Private, Army and Service	23 $\frac{8}{52}$
Ex-Service	4 $\frac{1}{52}$
The Charity	79 $\frac{25}{52}$
Criminal	1
Hill End Patients	95 $\frac{27}{52}$
Bracebridge Heath Patients	40 $\frac{39}{52}$
			<hr/>
			1,032 $\frac{30}{52}$

The average weekly cost of maintenance during the year, after taking into account The Charity extras, Petty Credits, Ministry of Health Subsidy, Insurance Receipts, etc., has been £1 14s. 5 $\frac{3}{8}$ d., as against £1 12s. 3 $\frac{3}{8}$ d. for the previous year, being an increase of 2s. 2d. per head per week, and the rate of maintenance has been increased by 4s. 1d. per head per week to £1 15s. 0d. per head per week as from 1st April, 1947.

This increase has been due to many causes, amongst which are :—

	£	£			
Salaries and Wages	6,646				
Less Subsidy	4,560				
	—	2,086	representing	9½d.	per head, per week
Provisions	1,270		„	5d.	„ „
Domestic renewals	1,122		„	4½d.	„ „
Clothing	350		„	1¼d.	„ „
Rates and Taxes	482		„	2d.	„ „

The sum of £1,087 9s. 5d. was received from Hill End Hospital in respect of Maintenance Adjustment, and £4,560 in respect of subsidy on the Rushcliffe Scheme.

The surplus on the Farm and Garden Revenue Account amounts to £2,331 0s. 6d., as against £2,892 0s. 5d. last year.

The expenditure on Building and Repairs (Ordinary Repairs and Upkeep) for the year has been £23,599 3s. 11d., as against £10,952 1s. 7d. last year. The chief items of this account are :—

	£	s.	d.
Wages	6,990	2	2
Insurance and Rates	990	10	8
Pensions	546	5	8
New laundry machinery	578	3	7
Electrical rewiring	9,682	3	8
Road and path repairs... ..	238	17	1
Motor roller	315	0	0
Roof light glazings	400	5	5
Coal meters	132	0	0
Ordinary repairs upkeep	3,391	4	0

From the aggregate expenditure on Building and Repairs Account, amounting to £23,599 3s. 11d., must be deducted Rents, £1,083 10s. 7d.; Petty Credits, etc., £75 12s. 1d.; and Excess Charge on Out-County and Criminal Patients, £179 5s. 9d., a total of £1,338 8s. 5d., leaving a net expenditure of £22,260 15s. 6d., as against £9,679 4s. 7d. last year, divided as follows :—

	£	s.	d.
Leicestershire County	19,101	17	4
Rutland County	1,466	15	3
The Charity	1,692	2	11
	<hr/>		
	£22,260	15	6
	<hr/>		

The Accounts for the year ended 31st March, 1946, have been audited.

The Rev. R. S. Dabbs, Church of England Chaplain, has resigned and your Committee are grieved to lose his services but wish him well in his preferment. On the advice of the Lord Bishop of the Diocese, they have appointed the Rev. J. A. Sime, M.B.E., B.A., the new Vicar of Cosby, to the vacant position.

Your Committee, on the retirement of the Clerk of the Hospital, appointed Mr. H. E. Ingram, the Deputy Clerk and Steward, who has been in their service for many years, to fill the position. The then vacant post of Deputy Clerk and Steward was filled by Mr. K. C. White, who has had previous experience at Springfield Mental Hospital and has held very varied and responsible posts in the Army during the War.

The Committee express their entire satisfaction at the manner in which the Hospital has been administered during the past year and the conduct of the Officers and Staff, and wish to thank the Medical Superintendent, the Staff and all employees for their good work in very difficult conditions.

Dated this 21st day of May, 1947.

HAZLERIGG,
Chairman.

THE MEDICAL SUPERINTENDENT'S REPORT

FOR THE YEAR ENDED 31ST DECEMBER, 1946

I have the honour to present the Medical Superintendents' Report for the year ended 31st December, 1946.

The following table shows the numerical changes during the year :—

On the Hospital Registers 1st January, 1946	...	1,042
Statutory admissions during the year	306
Discharged	257
Died	71
Remaining on 31st December, 1946	1,020

This is by far the greatest number of admissions ever recorded here and is due to more patients making use of facilities available and probably also to reaction from War fatigue, etc.

There was considerable improvement in the recovery rate, which was 48%, and there was also a decrease from 7.4% to 7% in the death rate. Taken in conjunction with the very large increase in the number of admissions, these figures leave us 22 fewer patients than last year.

Four inquests were held during the year and the details were reported to you and the Board of Control at the time of occurrence.

No serious accidents occurred during the year.

PRIVATE PATIENTS.

The following table shows the changes in Private Patients during the year :—

	M.	F.	TOTAL
On the registers 1st January, 1946...	22	61	83
Admitted during the year ...	5	6	11
Died	3	3	6
Discharged recovered	2	6	8
„ relieved or not improved	2	2	4
	—	—	—
Remaining on 31st December, 1946	20	56	76
	—	—	—

TREATMENT.

The appointment of two Medical Officers and the increase in the Male Nursing Staff have allowed us to extend active treatment, with the happy result shown in the table above.

Occupational Therapy has been made more use of due to the increased supply of materials and the return to duty of staff. A considerable number of articles have been made and sold.

THE BUILDING.

The installation of the new electrical wiring throughout the Hospital has made the walls and ceiling look most disreputable and dirty, but the painters are gradually redecorating, but it will take some years before they get everywhere properly finished. The supply of paint is difficult, the quality poor and the choice of colours very restricted.

The electrical installation has also occasioned considerable upset to the classification of patients on the Male side this year and will do likewise on the Female side next year.

ENGINEERING SERVICES.

The Engineer reports :—

Complete overhaul of one of the Lancashire Boilers which had shown a good deal of wear.

The boiler feed main completely renewed and doubled to give an alternate route of supply.

In the pump room four pumps were completely overhauled—new valves, etc., repaired and replaced.

A new electric regulator valve installed—automatically to supply the Hospital with heat when the exhaust steam is insufficient.

Considerable alterations have had to be made to piping in the subways to make possible the easy installation of the electric cables.

In the kitchen new sinks and draining boards have been supplied.

In the two sick wards an annexe has been built to the verandah to allow the crockery and other utensils used for tubercular patients to be kept separate and properly sterilised after use.

LAUNDRY.

There have been extensive renewals of the plant in the laundry and the installation of a new blanket washing machine. It is a great success and its use will save much cost in replacements of flannel garments.

Steps are being taken gradually to replace the shafting and belt drives by individual motors, which will be to the safety of the patients and the reduction of noise.

STAFF.

The male nursing staff is considerably better in numbers and the ancillary male staff also is nearly up to strength. On the female side, however, resignations continue (principally for marriage) but recruits are non-existent.

DIETARY.

The dietary remains much as it did and the promised land of plenty on the cessation of War has not materialised so far ; we cannot afford pineapples or other foreign exotic fruits.

FARM.

The Steward reports that :—

The chief products of the Farm delivered to the Hospital during the year ended 31st December, 1946, were as follows :—

18,656½ gallons of milk, as against 17,627 gallons last year.

1,467 lbs. of pork, as against 539 lbs. last year.

17,035 eggs, as against 14,841 last year.

28 couples of fowls.

157 tons of potatoes.

45½ tons of vegetables.

7,219 lbs. of fruit.

2,240 lbs. of peas.

Potatoes. Blight due to the wet weather caused loss in the 19½ acres of potatoes grown. The yield was approximately 11 tons per acre.

Hay and Seeds. 12 acres of hay and 14½ acres of seeds were harvested in prime condition from good crops.

Wheat. 19½ acres were grown, yielding approximately 6 qrs. per acre. 19½ acres have been sown for the 1947 harvest.

Oats. The very wet weather caused loss in the 20 acres of oats grown, all being badly laid. The yield was nearly 10 qrs. to the acre.

Peas. A very good crop of 2½ acres was grown. These have been threshed and a yield of 70 cwts. (approximately 7 qrs. per acre) is good.

Roots. 6 acres of mangolds and swedes were grown, yielding 191 loads. Approximately 8 tons of swedes are being used in the Hospital as a vegetable.

Vegetables. Good crops of all kinds were grown. Again the wet weather caused some loss.

Cows. 10 heifers were added to the herd during the year. Six cows were sold and one died. A good young bull has been purchased. The milk yield of 13 full time cows was 8,183 lbs. (800 gallons) for an average of 307 days. The whole herd averaged 6,931 lbs. in 270 days.

Calves. 33 were born, 23 sold and 10 heifer calves reared.

Pigs. The pigs have been reduced in number owing to the cuts in foodstuffs. At the commencement of the year 117 were on stock. During the year 129 were born, 16 died, 142 were sold, 12 killed (for Hospital use). One stock boar was purchased. The stock at the end of the year was 77.

	£	s.	d.
Market sales (142 pigs)	1,352	6	3
Supplied to Hospital, 1,467 lbs. of pork at 1/5 per lb.	103	18	3
	<hr/>		
	£1,456	4	6
	<hr/>		

GENERAL.

The general health, with one exception, has been good.

In the early part of the year there was a large outbreak of very mild diarrhoea and vomiting affecting a considerable number of patients. Investigations were carried out by Government technicians, as well as by ourselves, but no cause could be found. There were no deaths and everybody recovered very quickly.

On 6th June, Dr. J. R. Mathers was appointed Assistant Medical Officer. He has had several years in the R.A.M.C. and a good deal of psychiatric experience.

Dr. A. H. Williams was appointed on 1st December. He also has had several years in the R.A.M.C. and considerable psychiatric experience.

Dr. J. P. McGuinness, on promotion, left on 1st May to take up an appointment at Barnsley Hall, Worcester.

Dr. G. A. van Someren left on 23rd October to take up a post at Runwell Hospital, Essex.

Mr. T. N. Lewis, Clerk of the Hospital since 1912, retired after 34 years' service. His place was taken by Mr. H. E. Ingram, on promotion. The Deputy Clerk's place was filled, after advertising the conditions, by Mr. K. C. White, who has had service at Springfield Mental Hospital and also filled many important administrative posts in the Army.

Miss R. F. Watson, who had been Matron for many years, retired on pension on 31st March. The post was filled by the appointment of Miss E. A. Jones, who has been here as Assistant Matron since 1934. Miss D. Bell, from Runwell, was appointed Assistant Matron.

Six members of the staff retired on pension during the year.

The usual cricket matches, dances, etc., have been held throughout the year, but the bad weather curtailed many events. 'Bus tours to football matches, the Charnwood Forest and the Wicksteed Amusement Park were much enjoyed.

On 14th August, the Headquarters Inspector of the Ministry of Pensions visited the Service Patients.

Dr. Napier continues his good work as my Deputy, though he was away for a time ill.

Many thanks are due to the Clerk, Matron, Head Male Nurse, Engineer and other heads of staff for their loyal and energetic service.

The need for care and attention to old people, who are no longer able to look after themselves and whose mental condition is somewhat deteriorated, has often been mentioned to you in my reviews of the admissions. It is becoming increasingly evident that some form of "home from home" will have to be provided by County Councils for these old people and that their admission to a Mental Hospital will be obviated. The sending of old people to a Mental Hospital to end their days is repugnant to us all and also detrimental to the work of the Hospital amongst the recoverable cases.

Mr. Chairman, my Lords, ladies and gentlemen, I have once more to thank you for your continued help and guidance.

K. K. DRURY,
Medical Superintendent.

CHAPLAIN'S REPORT

FOR THE YEAR ENDED 31ST DECEMBER, 1946

The chapel services have been well attended and the singing, as usual, is excellent but there is a need for more hymn and prayer books.

The chapel was beautifully decorated for the Harvest Festival and the service was a most inspiring one.

I should like to say how very much I regret that this will be my last Report owing to my being appointed to Ashby-de-la-Zouch and consequent resignation as Chaplain. My stay, though short, has been a happy one and I am most grateful to all the staff for their kindness and help to me. I am very glad to have had the opportunity of undertaking such work but feel how inadequately any part-time Chaplain can fulfil his ministrations.

ROGER S. DABBS,
Chaplain (Church of England).

FREE CHURCH CHAPLAIN'S REPORT

FOR THE YEAR ENDED 31ST DECEMBER, 1946

In spite of the wintry weather I have been able to conduct my fortnightly service on Sunday mornings, with the celebration of Holy Communion, as usual. I have also visited the wards and occupation rooms, when not prevented by the weather, and have endeavoured by a cheery word and smile to bring joy and comfort to the patients, and so help towards their speedy recovery.

My health has improved greatly during the past six months and I am looking forward to a long period of service in your Hospital.

During the winter I have been able to join with the patients in their social events, and it has been a great joy to me to know that they look upon me as a friend.

I wish to thank the Committee, Officers and Staff for their willing co-operation in the work I try to do for the benefit of the Hospital.

ARTHUR TURNER,

Chaplain (Free Church).

LEICESTER AND RUTLAND COUNTY MENTAL HOSPITAL,

10th June, 1947.

REPORT OF A COMMISSIONER OF THE BOARD OF CONTROL

Since the last visit there have been a good many useful additions to the Hospital equipment, and some important alterations have been made. A small annexe has been constructed at the end of each of the verandahs where tubercular patients are nursed, fitted with sinks, sterilisers and plate-racks, and by the conversion of the Male Sick Ward bathroom, an excellent surgery, fitted with a wash-hand basin, has been contrived. A similar conversion on the female side is to be carried out soon. Both alterations are completely successful.

The Hospital is now in process of having the electric wiring renewed throughout, the wards on the male side having been practically completed. This, naturally, has involved considerable interference with walls and ceilings, and the opportunity is being taken to do a good deal of redecoration. Some of the new electric light fittings are particularly good, notably those in side-rooms and in the Sick Wards.

In the Sick Wards refrigerators have now been provided, in the Laundry there are two new washing machines, a new hydro extractor, and a woollens washer with its own thermostatically controlled water supply, and at the bakery there is a new doughnut making machine. In the main kitchen scullery new galvanised steel sinks and wooden draining boards have been provided.

A new X-Ray set is on order, and it is hoped to have it installed during the autumn.

Dr. Drury and his Committee are therefore to be congratulated for having done so much in times which are so difficult.

The position with regard to nursing staff is still unsatisfactory, particularly on the female side, and the burden borne by the nurses, a burden borne cheerfully and very efficiently, is heavy.

There are 56 Male and 56 Female Nurses, 12 of the latter working part-time only: five nurses of each sex do duty at night. Twenty-five of the men and 27 of the women are certified or registered as Mental Nurses, in addition three men and seven women have passed the preliminary examination only.

To-day there are 1,018 patients resident in the Hospital, 404 men and 614 women, 40 of the men and 45 of the women being voluntary patients, while one man and two women are here on a temporary basis.

During 1946 there were 301 direct admissions, 126 men and 175 women. All but 34 of these cases having come to the Hospital straight from home. Admissions under the Mental Treatment Act numbered 127.

In the same year 111 men and 145 women departed or were discharged, and 28 men and 46 women were allowed out on trial.

The death rate for 1946 was 7% (M. 8.2% : F. 5.9%), a rate which is slightly lower than the average rate for all our Mental Hospitals in that year. Thirty-four men and 37 women died, and in 52 instances post-mortem examinations were made. There were four inquests.

Five patients (two men and three women) died from tuberculosis, and to-day four male and three female patients are being nursed in excellent conditions for this disease: during 1946 six new cases of tuberculosis (one male and five female) were notified.

Since the last visit, paid in April 1946, five cases of dysentery (two male and three female) have occurred, but at present only one patient, a male, is ill from this cause.

During the same period five men and nine women have sustained fractures, in one case following electro-convulsion therapy, and in two instances because of the acts of other patients, while the remaining cases were of accidental origin.

The Laboratory is kept very busy, since a most meticulous and painstaking investigation of all newly admitted patients, and of patients under treatment, is done.

All modern treatments are available here for suitable patients, though occupational therapy, because of staff and other difficulties, is not well developed, especially on the female side.

Some small gardens are available for patients of both sexes, and they are greatly appreciated.

The stocks of books in the wards are rather poor and very shabby, but recently a number of new books have been acquired, and some improvement may be looked for.

The ward gardens, particularly those for the male wards, are well tended and attractive, and in all wards there is to be found profusion a of cut flowers.

As has already been stated, a considerable amount of redecoration is being done, and all the wards are very clean and well kept.

Dr. Drury is hoping to begin before long the substitution of stainless steel hand-basins for those of the porcelain basins as are worn out.

To-day the patients were in general apparently contented and happy, and no complaints, apart from a few on the score of detention, were made to me.

The patients dietary seems to be well varied and adequate, and to-day's mid-day dinner was good and appetising.

Stocks of clothing and linen are generally speaking adequate, though there is a shortage of boots and shoes, as unfortunately is the case elsewhere.

Dr. K. K. Drury has Dr. F. J. Napier as his Deputy, and Drs. J. R. Mathers and A. H. Williams as Assistant Medical Officers, while Dr. H. Conitzer is temporarily a member of the medical staff.

I should like to thank Dr. Drury and his colleagues for their assistance to me throughout my visit.

N. C. CROFT-COHEN,
Commissioner of the Board of Control.

*Admissions, Readmissions, Discharges and Deaths of
Patients during the Year 1946.*

				Male.	Female.	Total.
In the Hospital, 1st January, 1946				422	620	1042
	M.	F.	T.			
Admission for the first time during the year	78	104	182			
Readmissions ..	48	71	119			
Transfers	2	3	5			
Total admitted				128	178	306
Total under care during the year				550	798	1348
Discharged and Died :—						
	M.	F.	T.			
Recovered	52	95	147			
Relieved	36	40	76			
Not Improved ..	23	11	34			
	111	146	257			
Died	34	37	71			
Total Discharged and Died during year ..				145	183	328
Remaining in Hospital, 31st December, 1946				405	615	1020
Average Number resident				413	620	1033
Recoveries to admissions				41.2%	54.8%	48.0%
Deaths to Daily Av. No. Resident ..				8.2%	5.9%	7.0%

CARLTON HAYES HOSPITAL.

Statement showing the average cost per patient per week of the Maintenance, Treatment, Lodging, etc., of patients resident during the year ended March 31st, 1947.

Item	Maintenance	Building and Repairs	Total
	s. d.	s. d.	s. d.
Salaries and Wages, including Health, Unemployment and Pensions Contributions, but excluding Laundry, Farm and Garden and Works Department :			
Medical	1 8·2	—	1 8·2
Nursing	9 8·0	—	9 8·0
Others	4 8·6	—	4 8·6
Superannuation Allowances	1 10·2	2·4	2 0·6
Provisions (including Farm and Garden Supplies)	7 7·4	—	7 7·4
Clothing of Patients and Staff	1 1·7	—	1 1·7
Drugs and Medical and Surgical Appliances	4·9	—	4·9
Fuel, Light, Water and Laundry (including Laundry Staff Wages)	5 3·9	—	5 3·9
Domestic Renewals (Furniture, Bedding, etc.)	1 3·0	—	1 3·0
Structural additions, Alterations, Renewals, Repairs and Painting (including Wages)	—	4 5·2	4 5·2
Transport (Hire of Taxi-Cabs, Travelling Expenses, Motor Transport)	4·4	—	4·4
Rates, Taxes and Insurance (excluding Water Charges)	2 1·5	4·4	2 5·9
Miscellaneous Expenses	1 6·8	—	1 6·8
TOTAL	37 8·6	5 0·0	42 8·6
DEDUCT :			
Superannuation Contributions	5·9	0·6	6·5
Surplus on Farm and Garden Account	10·4	—	10·4
Sundry Sales	2·4	0·3	2·7
Other Income (Interest, etc.)	1 8·6	4·9	2 1·5
TOTAL	3 3·3	5·8	3 9·1
	34 5·3	4 6·2	38 11·5
Less Capital Expenditure	—	3 10·0	3 10·0
Net Total Average Cost per head	34 5·3	8·2	35 1·5
Number of Resident Patient Days during the year	375,856		

(Subject

	£	s.	d.	£	s.	d.	£	s.	d.
Salaries and Wages :—									
Officers	9209	4	2						
Nurses and Others	24700	5	0						
Artisans, etc.	8874	2	1						
	<hr/>			42783	11	3			
Provisions :—									
Purchased	14906	9	11						
Farm and Garden Supplies	5535	15	6						
	<hr/>			20442	5	5			
Travelling Expenses				973	18	6			
Clothing :—									
Patients... ..	2535	10	0						
Staff	531	8	10						
	<hr/>			3066	18	10			
Surgery and Dispensary				1086	15	1			
Pensions				5376	14	1			
Domestic Renewals				3360	4	7			
Fuel, Light, Water and Laundry				13326	3	11			
Funerals				81	0	0			
Rates and Taxes				5706	7	5			
Miscellaneous				4198	2	11			
	<hr/>			100402	2	0			
Transfer to Building and Repairs Account :—									
Excess Charges on Out-County Patients, etc.							179	5	9
Ministry of Health :—									
Special Expenditure							26	5	0
	<hr/>								
Total Expenditure				100607	12	9			
Balance, being excess of Income over Expenditure							31953	4	8
	<hr/>			£132560	17	5			

ACCOUNT, 1946-47.

to Audit)

INCOME.

	£	s.	d.	£	s.	d.	£	s.	d.
Balance brought forward ...							37049	15	6
Sales:—									
Old Stores, etc. (Petty Credits)				543	9	8			
Maintenance of:—									
Rate-aided Patients—									
Leicestershire County									
Council				58820	18	11			
Rutland County Council ...				3270	4	1			
Out-County Authorities ...				1471	7	9			
“Service” Patients				2062	13	11			
“Ex-service” Patients				361	10	6			
Hill End Patients				7679	0	9			
Bracebridge Patients				3275	8	0			
The Charity				8715	3	0			
Criminal Patients				94	5	10			
Private (Army, etc.) Patients ...				6	8	1			
Funerals, etc.				756	1	0			
Pensions Refunds (Sundry									
Authorities, etc.)	396	6	6						
Pensions Refunds (H.M. Forces)	10	3	2						
Ministry of Health:—									
Rushcliffe Refund	4560	0	0						
Allowances to Student Nurses	57	14	0						
				5024	3	8			
							92080	15	2
Hill End Adjustment Account ...							1087	9	5
Balance in favour of Farm and									
Garden Account							2331	0	6
Wages Suspense Account ...							11	16	10
Total Income							£132560	17	5

Part 2.—BUILDING AND
(Subject

EXPENDITURE.

	£	s.	d.	£	s.	d.
Ordinary Repairs				4534	16	6
Wages				6990	2	2
Pensions				546	5	8
Rates and Insurances				990	10	8
Additions, Alterations and Improvements ...	243	4	0			
Laundry Machinery	587	3	7			
Electrical rewiring	9682	3	8			
New Cottages	33	17	8			
				<u>10537</u>	8	11
				<u>£23599</u>	3	11

Part 3.—FARM AND
(Subject

EXPENDITURE.

	£	s.	d.	£	s.	d.
Value of Stock on 1st April, 1946:—						
Live Stock	2026	9	0			
Provender	1459	17	7			
				<u>3486</u>	6	7
Provender	654	0	1			
Seeds and Manures	576	15	7			
Live Stock	161	11	3			
Implements and Repairs... ..	226	10	1			
Rates and Insurances	62	7	0			
Miscellaneous	349	7	2			
				<u>2030</u>	11	2
Labour (excluding Patients' Labour)				3286	12	8
				<u>8803</u>	10	5
Balance carried to Maintenance Account ...				2331	0	6
				<u>£11134</u>	10	11

REPAIRS ACCOUNT, 1946-47.

to Audit)

INCOME.

	£	s.	d.	£	s.	d.
Transfer from Maintenance Account				179	5	9
Rents of Cottages, etc.	1083	10	7			
Petty Credits	75	12	1			
	<hr/>			1159	2	8
Contributions:—						
Leicestershire County	19101	17	4			
Rutland County	1466	15	3			
The Charity	1692	2	11			
	<hr/>			22260	15	6
				<hr/>		
				£23599	3	11
				<hr/>		

GARDEN ACCOUNT, 1946-47.

to Audit)

INCOME.

	£	s.	d.	£	s.	d.
Value of Supplies to the Hospital:—						
Pork	133	2	0			
Poultry	16	5	0			
Milk	2196	19	2			
Eggs	154	1	6			
Potatoes	1532	16	6			
Vegetables	1381	17	0			
Fruit	120	14	4			
	<hr/>			5535	15	6
Sales, etc.				2056	16	5
Value of Stock, 31st March, 1947:—						
Live Stock	2216	12	6			
Provender	1325	6	6			
	<hr/>			3541	19	0
				<hr/>		
				£11134	10	11
				<hr/>		

BALANCE SHEET
(Subject to
MAINTENANCE

					£	s.	d.	£	s.	d.
Sundry Creditors:—										
Invoice Account	3568	11	10			
Pensions Account	10	19	0			
					<hr/>			3579	10	10
Commissioners of Inland Revenue				546	15	0
Fund Surplus:—										
Maintenance Revenue Account	31953	4	8			
Less written off—H.M. Forces Contributions										
Account	39	8	4			
					<hr/>			31913	16	4

BUILDING AND

						£	s.	d.
Balance—Treasurer		2353	15	2
Sundry Creditors:—								
Invoice Account		3845	18	8
						<hr/>		
						£42239	16	0
						<hr/>		

AT 31ST MARCH, 1947.**Audit)****ACCOUNT.**

	£	s.	d.	£	s.	d.	£	s.	d.
Sundry Debtors:—									
Leicestershire County Council	2532	12	0						
Rutland County Council ...	283	14	9						
The Charity	4715	3	0						
Out-County Authorities ...	425	9	1						
Ministry of Pensions—									
“Service” Patients	534	19	3						
Board of Control—									
“Ex-Service” Patients ...	89	2	10						
Hill End Hospital	1848	7	6						
Bracebridge Heath Hospital ...	754	7	4						
Private (Ex-Army) Patients ...	6	8	1						
H.M. Prison Commissioners—									
Criminal Patients	23	5	0						
Funerals, etc.	235	0	6						
				11448	9	4			
Pensions, etc.				60	10	8			
Employees in H.M. Forces				1	9	3			
Sales—									
Maintenance Account ...				31	2	4			
Farm Account				3	0	9			
Cash in Hands of Officers:—									
Treasurer—									
Maintenance Account ...	7904	18	5						
Building and Repairs Acct.	2353	15	2						
Clerk and Steward	3472	11	11						
				13731	5	6			
Stocks in Hand, 31st March, 1947:—									
Provisions	918	18	1						
Transport	18	17	8						
Clothing—									
Patients	2765	11	4						
Staff	518	8	10						
Surgery and Dispensary ...	40	0	0						
Domestic Renewals	2506	2	5						
Fuel, Light, etc.	454	7	0						
Farm and Garden	3541	19	0						
				10764	4	4			
							36040	2	2

REPAIRS ACCOUNT.

	£	s.	d.	£	s.	d.
Sundry Debtors:—						
Petty Credits						2 18 0
Contributions Account—						
Leicestershire County Council		5369	3	1
Rutland County Council		410	7	11
The Charity		417	4	10
						6196 15 10
						£42239 16 0

H. E. INGRAM,
Clerk and Steward.

21st May, 1947.

Adams Bros. & Shardlow, Ltd.
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